

About Our Therapists

In 2011, we celebrated 10 years under the same ownership helping visitors and locals of Big Bear Lake relax, restore and rejuvenate. Our fully certified and licensed therapists & estheticians pride themselves in providing the best treatments in town. We use a blend of massage techniques to create a massage experience that meets your individual needs.

Additional Services

~Chair Massage for the office or Mini Massage Parties

~Qi Gong Classes

Convenient spa location

Discounts for groups and military

All services by appointment only

1-909-800-8103

Hours:

Available 7 days a week

9am-8pm

relax@bigbearmassage.com

BigBearMassage.com
BigBearLakeMassage.com

Mountain
MOBILE MASSAGE
AND

SPA
P.O. Box 135002
Big Bear Lake, CA 92315

MASSAGE IN BIG BEAR

MASSAGE & SPA ***MENU***

Mountain
MOBILE MASSAGE
AND SPA



Massage * Facials

Manicures * Pedicures

Body Treatments * Packages

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BigBearMassage.com

MASSAGE THERAPY

Bliss Out

Swedish/Deep Tissue Combo
Relax with a Swedish/deep tissue blend to melt your mind and body into a state of bliss, then balance with a 30-minute foot and/or hand reflexology treatment.

Altitude Adjustment

Relaxation/Un-stress Combo
A blend of smooth, relaxing strokes to improve circulation and relieve tension--perfect for those receiving their first massage or upon arriving to Big Bear.

Après Ski/Board/Sports

Pre or Post Activity Combo
Before/after a fun day on the mountain, prepare or recover with massage & stretching to help you perform better and greatly reduce soreness after.

Happy Feet

Reflexology Combo
Expert knowledge of reflex points in the feet and/or hands are applied to promote relaxation, reduce pain & balance the body--sweet treat for sore feet!

Shiatsu Bodywork

Balance Mind Body & Spirit Combo
Based on principles of Eastern medicine, this approach balances energy meridians of the body to promote self-healing.

Couples Together Packages

Create relationship magic with a massage experience for two.

Enjoy personalized massages set to candlelight as you relax side-by-side, or enjoy your massages one after the other.
\$165 one therapist \$195 two therapists

Half N Half

Consecutive ½ hour massages for you and a friend with the same therapist. \$90

The Works

For the true “massage connoisseur”
One hour deep tissue on your back/shoulders/neck, half-hour massage for your legs/arms/face/scalp, 45 min. reflexology for your feet/hands. \$225

120 minutes.....\$150, Couples together \$295

90 minutes.....\$125, Couples together \$245

60 minutes.....\$85, Couples together \$195

30 minutes.....\$55

Add~ons:

Aromatherapy...\$5

Foot Massage/Reflexology 15 min...\$25

30 min...\$45

Add 15 more massage minutes... \$20

FACIALS

Spa Facial

Our classic custom facial will help you stay hydrated and renew your skin. Includes a relaxing hand/arm massage. 1 hr...\$75

Rejuvenating Facial

Includes natural cleansers, herbal toners, hydrating mask and hot compresses designed to give you amazing results. 1 hr...\$85

Deep Pore Cleansing Facial

Great to address problem skin conditions. Removes impurities, leaving your skin restored, balanced & glowing. 1 hr...\$85

Ultimate Back Facial

A relaxing treatment including a deep cleansing exfoliation, custom mask, and calming massage. Great for women & men. 1 hr...\$75

Facials can be scheduled as an out-call service.

Manicures & Pedicures

Classic Manicure, 30 min \$25

Spa Manicure, 60 min \$40

Classic Pedicure, 30 min \$40

Spa Pedicure, 60 min \$50

Spa manis/pedis include an herbal exfoliation, moisturizing mask, hot wrap and massage.

Body Treatments

Body Polish

This exfoliating treatment combines herbs and therapeutic-grade oils to smooth, nourish and renew your skin. 30 min...\$45

Aromatherapy Body Wrap

Before being wrapping in a warm cocoon, you are massaged with therapeutic oils of your choice. Complete your experience with a scalp and/or foot massage. 45 min...\$60